

Family & Co is available FREE to readers and can be found at the following distribution points:

- **Private Schools** - Halifax Grammar School, Sacred Heart School, Halifax Independent School, Bridgeway Academy, Crossroads Academy, Bedford Academy, Armbrae Academy, Churchill Academy, Birch Hills Academy, Kings View Academy, Halifax Christian Academy, Atlantic Conference of Independent Schools, Maritime Hockey Academy, Oxford Learning Centre & Sylvan Learning
- **Children's clothing, Toy & Equipment Stores** - Attica Kids, Biggs & Littles, Bib 'n' Tucker, Brain Candy Toys, Bump Baby & Beyond, Growth Spurts Consignment Store, Fiddleheads Kids Shop, Nurtured Products For Parenting, The Rite Fit, Tattletales Books, Thyme Maternity, Woozles & Uncommon Kids Gear
- **HRM Community & Recreation Centres**
- **All HRM Libraries**
- **Music & Dance Schools – including** Halifax Dance, Maritime Conservatory of Performing Arts, Andrea's Music Studio, Maritime Dance Academy
- **YMCA, Goodlife Fitness Centres**
- **Public Health Drop-In Centres**
- **IWK Hospital (various locations)**
- **Family Doctors & Walk in Medical Clinics, Dentists, Eye Doctors**
- **Welcome Wagon / Baby Welcome**
- **Various Pre-schools & Daycare Centres HRM wide**
- **Museum of Natural History, Maritime Museum & Art Galleries**
- **Discovery Centre, Halifax**
- **3D Miracles – Ultrasound Services, Spring Garden Road, Halifax**
- **Tree House Café, Lower Sackville**
- **The Monkey Show, Dresden Row, Halifax**
- **Sharkey's Cuts For Kids, Bedford**
- **BLISS Parenting Resource Centre, Bayers Lake**
- **Halifax, Fairview & Spryfield Veterinary Hospitals**
- **Hatfield Farm, Hammonds Plains**
- **Neptune Theatre School, Halifax**
- **Clay Café & Clay Connections, Kiddietown Playcentre**
- **Skating Arenas & Sackville Sports Stadium**
- **Various Photographers across the HRM**
- **Sobeys (various)**
- **Second Cup, Sunnyside Mall, Bedford**
- **Memory Lane Family Place, Sackville**
- **HRM – Main Tourist Office in Halifax on the waterfront**
- **Aplaydia & Ivy Music School, Bedford**
- **Many Realtors & Relocation Specialists located in the HRM and the UK**

And many, many other locations throughout the HRM

